



#### Assalam-o-AlaikumWa Rahmatullah

May the peace of Allah (swt) descend upon you and His Mercy and Blessings.

I pray that you have a blessed and peaceful Ramadan.

I would like to take this opportunity to thank you for your generous donations last Ramadan and throughout the year – you helped hundreds of thousands of less fortunate people improve their lives for the better.

Whenever we have asked you for your support, whether it was feeding the hungry, helping the children of Thar, Ramadan Iftars or our medical camps, you have been there for the less fortunate - none of our projects would be possible without you. We are reminded that:

"The likeness of those who spend their wealth in the way of Allah, is as the likeness of a grain (of corn); it grows seven ears, and each ear has a hundred grains. Allah gives manifold increase to whom He wills. And Allah is All-Sufficient for His creatures' needs. All-Knower" [Al-Qur'an 2:261]

This Ramadan, we aim to help even more people and hope that you will, once again, help us in our fundraising endeavours.

Your support in helping us provide comprehensive care and assistance will make a real difference to the lives of thousands of poor families.

Thank You.

Holyn

Asif Iqbal
Trustee & Former Pakistan Cricket Captain



# ZAKAT & RAMADAN REMINDERS

EVERY PENNY
OF YOUR ZAKAT
GOES TOWARDS
OUR PROJECTS

#### Help our projects with your Zakat

Being one of the five basic pillars of Islam, Zakah is primarily an act of worship. The Arabic word 'Zakah' literally means purification, growth, blessing and appreciation.

Zakah is a compulsory religious duty conferred by Allah (swt) upon all Muslims whose wealth exceeds the prescribed limit. If a person's wealth exceeds that limit, they are required to pay the rate of 2.5% of total income or wealth annually for the upkeep of the poor and the needy. In the words of the Prophet \$:

...Allah has obligated them to pay charity from their wealth (i.e. Zakat), to be taken from the rich among them and then distributed to their poor... Sahîh al-Bukhari

As such, those who are fortunate enough, are required to look after their less fortunate brothers and sisters. At Ehsaas, thousands of people trust us with their Zakat to be used in many of our life-changing projects. We hope that you will consider us when giving your Zakat.



### Fidyah: A\$292 per month

Payable for a person who has become extremely weak due to old age or disease, has no hope of recovery and cannot fast. They must feed a deserving person twice a day or give the value of the meals. Your doctor will be able to advise you on the nature of your illness.

## Kaffarah: A\$584 per month

Payable for a person who has broken a fast in Ramadan without a valid reason and they are unable to fast for 2 months continuously with no break in between.

They must feed 60 deserving people two meals a day for 1 month or give the total value of the meals. All missed/broken fasts still need to be made up.

## Zakat-ul-Fitr: A\$10 per person

Obligatory for every person to pay before Eid prayer. Remember to pay on behalf of any children or elderly members of your household.

The amount of fitrah is the value of one meal for a needy person (A\$10 per meal). The earlier it is paid during Ramadan, the better, as Ehsaas field offices shall spend your Zakat-ul-Fitr funds on the day of Eid.



## FAMILIES OF THE PROPHET &

#### Narrated Abu Huraira:

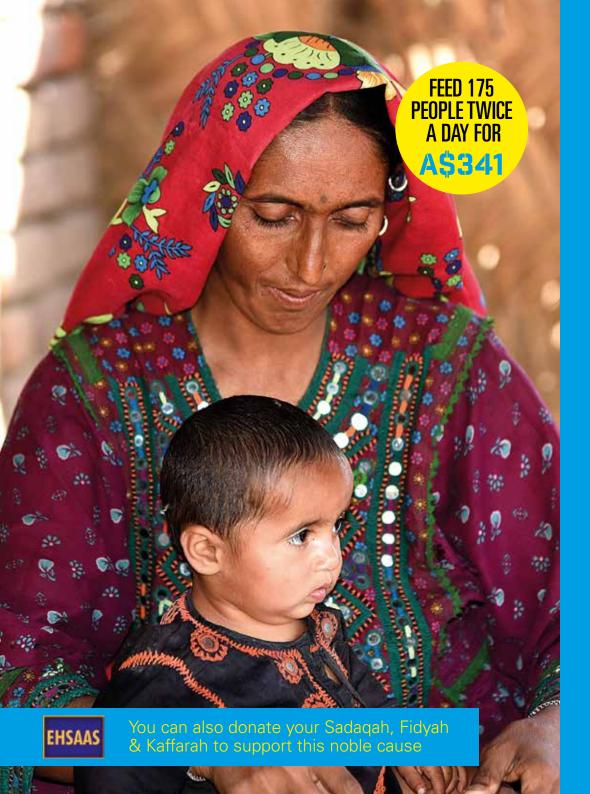
Al-Hasan bin 'Ali took a date from the dates given in charity and put it in his mouth. The Prophet said, "Expel it from your mouth. Don't you know that we do not eat a thing which is given in charity? (BUKHARI AND MUSLIM)

There are thousands of members of the Prophet's & family who are living below the poverty line but do not ask for charitable handouts. The Prophet & gave and received gifts throughout his blessed life and instructed thus:

Give gifts and you shall love one another (BUKHARI)

Show your love for the Prophet's safetimes family and give them a gift.

PLEASE GIVE A FAMILY A GIFT TODAY FROM AS LITTLE AS A\$138



## **IFTAR** APPEAL OVER 600,000 PEOPLE!

## THIS RAMADAN HELP US TO FEED





#### Our teams are ready at our **Ramadan Food Camps**

Your help now could significantly increase the number of people we can feed this Ramadan. Our Food Camps will be located in the following areas: Karachi, Pakpattan, Thar and Badin in Pakistan and Gujrat and Ajmer Shareef in India.

#### The Prophet said:

Whoever feeds a fasting person will have a reward like that of the fasting

Please help us feed at least 600,000 people in the month of Ramadan - people who cannot afford to start or end their full day of fasting with food. Ramadan is no doubt special to you, let's make it special for others too.



#### Find out more

www.ehsaastrust.org/sehri



Donation Hotline 612 8103 4117 or visit www.ehsaastrust.org





## WATER FOR LIFE

Pakistan is in the top 5 for the highest child mortality rates for the under 5's and this is related to a significant population (over 15 million people) without improved water and sanitation.

Ehsaas has, with your generous support, provided clean and safe drinking water to some of the poorest families in Pakistan. This includes building an RO Water Treatment Plant and also installing hundreds of waterholes and hand pumps in villages throughout Pakistan with thousands of the poorest families benefiting.

"The best form of charity is giving water (to drink)."

(A hadith of the Prophet & narrated by Ibn Majah)



1 RO Water Treatment Plant

in Kharo Bajeer, Sindh

**51 Hand Pumps** 

in District Badin, Sindh

**56 Hand Pumps** in Karachi

145 Hand Pumps

in District Larkana, Sindh

**90 Hand Pumps** in District Shahad Kot, Sindh

362 Hand Pumps

in District Shikarpur, Sindh

**52 Hand Pumps** 

in District Thar, Sindh

**62 Hand Pumps** 

in District Thatta, Sindh

200 Hand Pumps

in Jacobabad, Sindh

154 Hand Pumps

in Kashmor, Sindh

210 Hand Pumps

in Rajanpur, Punjab

**TOTAL 1,383 WATER PUMPS** 

Please note Ehsaas does not take Zakat Donations for Water Pumps – only General or Sadaqah Donations









Donation Hotline 612 8103 4117 or visit www.ehsaastrust.org



COST OF INSTALLING ONE

HAND-PUMP

A\$728





#### MEDICAL CAMPS

Ehsaas is aiming, with your help, to hold a Free Medical Camp every few months in some of the poorest areas in Sindh.

To date, Ehsaas has held three free medical camps in Tharparkar - just one of many such areas in Pakistan needing urgent help.

Pakistan is one of the worst ranking countries where people are still getting affected by preventable diseases such as tuberculosis, polio and malaria, while non-communicable diseases are also increasing considerably. Over 1,000 people attended the recent Thar camp which provided free consultation, medicines, rations, blankets and a hot meal.

Ehsaas knows the desperate need to provide these health services to those that can least afford them and, with your generous support, would like to undertake many more free medical camps in the most deprived areas, especially to deal with chest and lung problems such as TB.

#### **ISSUES DEALT WITH INCLUDE:**

- **✓ INTESTINAL INFECTIONS**
- **✓ TUBERCULOSIS**
- **✓ BACTERIAL DISEASES**
- ✓ VIRAL DISEASES
- **✓ DISEASES OF RESPIRATORY SYSTEM**
- DISEASES OF DIGESTIVE SYSTEM
- DISEASES OF URINARY SYSTEM



#### FATIMA BAI HOSPITAL

#### Providing affordable treatment for those on low incomes.

The Fatima Bai 100-bed general hospital in Karachi is run on a non-profit basis. It is a modern well-equipped and well-staffed facility with experienced doctors providing affordable treatment for those on low incomes, treating on average over 4,000 patients a month. The Fatima Bai Hospital was established in 1985 under the supervision of the Haji Yaqoob Wali Muhammad Gandhi Foundation.

Since 1985, over 1.5 million people have been treated on a non-profit basis at the Fatima Bai Hospital. Please donate to help us continue with this noble cause



Donation Hotline 612 8103 4117 or visit www.ehsaastrust.org







#### This Ramadan, give a month's basic Rations to a needy family.

Ramadan is a time of giving and sharing with families, especially with those who are less fortunate. Ehsaas helps thousands of desperate families with their basic food needs every month of the year.

During Ramadan, Ehsaas is aiming, with your help, to provide a month's ration to at least 10,000 families. Please help us achieve this in the blessed month of Ramadan.



#### **Each Ration Pack includes:**

- AATA 20kg
- ✓ BROKEN BASMATI RICE 10kg
- COOKING OIL 5ltr
- ✓ PLAIN SALT 800gm
- GRAM FLOUR (Baisan) 2kg
- CHANA DAAL 2kg
- ✓ MASOOR DAAL 1kg
- ✓ MOONG DAAL 1kg
- ✓ WHITE CHANA 1kg
- ✓ RED CHILLI POWDER 200gm
- CORIANDER POWDER 200gm
- **✓ TURMERIC POWDER** 100gm
- **▼ TEA** 800gm
- ✓ QARSHI JAM-E-SHIRIN 1.5ltr
- ✓ DATES 500gm
- ✓ SUGAR 5kg
- ✓ VERMICELLI 1pkt



## MATRIMONIAL ASSISTANCE

Due to the rise in poverty in Pakistan, poor parents cannot afford to get their daughters married with the dignity and pride they deserve, allowing their daughters to fulfil this rite.

Ehsaas realises the difficulty poor families are in and provides marriage funds and, with your generous help, to date A\$223,264 has been spent on over 300 'Ijtimai Shaadi' (Collective Wedding Ceremonies) for both Muslim marriages and Hindu marriages. In addition, Ehsaas has also provided over A\$105,066 to

families for their own arrangement for their daughter's marriage.

The Prophet & enjoined people to marry. He said

"When one marries, they have fulfilled half of their religion, so let them fear God regarding the remaining half." And "Marriage is my tradition whosoever keeps away from it is not from amongst us."

Please support this project to ensure that our daughters are married with dignity & pride.



#### Find out more

www.ehsaastrust.org/matrimonial



# EDUCATION & LIVELIHOOD

Our goal is to alleviate poverty through education and livelihood support.

#### **EDUCATION**

### One extra year of schooling increases a person's earnings by up to 10%

One of the best ways to improve people's lives is to provide Education to empower them, improve their health and reduce poverty.

Ehsaas has donated over A\$145,924 to the Memon Industrial & Technical Institute in Karachi, for the construction of a women's vocational wing. Every year, over 12,000 ladies are trained in different trades enabling them to work and earn a living, taking themselves and their families out of poverty.

Ehsaas has also donated over A\$42,805 in Medical Scholarships and to deserving students and A\$27,239 for the construction of the Madrasa Peer Mahal Toba Tek Singh in Punjab where the local community can offer prayers and their children can also get a religious education.

#### LIVELIHOOD

To help empower poor jobless people with a means to earn their daily livelihoods and get themselves and their families out of poverty.

Ehsaas run the **Rickshaw, Motorbike** and **Sewing Machine Assistance** livelihood projects. We have already distributed over 100 motorbikes and over 80 rickshaws to deserving families.

With your support, we aim to expand all our Education and Assistance Projects and help even more deserving families get themselves out of poverty.



EHSAAS

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