



WATER & FOOD

Muharram Appeal 2016
Islamic New Year 1438 AH



ehsastrust.org

100%
ZAKAT POLICY



SIGNIFICANCE OF MUHARRAM

Muharram ushers in the Islamic new year and is a month of great reward and virtue. Muharram itself means 'sacred' and is from those months which have been mentioned as sacred in the Holy Quran.

Abu Qatada (ra) relates that the Prophet (saw) said that the fast on the 10th of Muharram atones for the sins of the preceding year and Abu Huraira (ra) reports that the Prophet (saw) said that after Ramadan, the fasts of Muharram have the greatest excellence.

The 10th of Muharram is also a day of great historical significance and the day on which Allah (swt)¹:

- accepted the repentance of Hazrat Adam (as) after his exile from Paradise
- saved Hazrat Nuh (as) and his companions in the Ark
- extinguished the fire in which Hazrat Ibrahim (as) was thrown by Nimrod
- spoke directly to Hazrat Musa (as) and gave him the Commandments and saved him and his people and drowned Pharaoh and his people
- forgave Hazrat Dawud (as)
- restored the kingdom of Hazrat Sulaiman (as)
- restored Hazrat Ayyub (as) to health (from leprosy)
- reunited Hazrat Yusuf (as) with his father Hazrat Yaqub (as)

- took Hazrat Yunus (as) out from the belly of the fish
- raised Hazrat Isa (as) to Jannah
- made the Prophet's (saw) grandson, Imam Hussain (ra), a Martyr

Battle of Karbala (10th Muharram): Abbas bin Ali (ra) said to the Kufans: 'you are torturing young children and infants from the family of the Prophet (saw), not allowing them even a single drop of water so that they would die of hunger and thirst.'²

It is said:

- **Worship Allah (swt) as much as you can on Ashura.**
- **Whoever clothes a naked person Allah (swt) will release him from a painful punishment.**
- **Whoever visits a sick person, Allah (swt) will grant him a reward that will not be decreased.**
- **Whoever places his hand on an orphan's head, or feeds a hungry person or gives water to a thirsty person, Allah (swt) will feed him a feast from Paradise and will quench his thirst with Salsabil.¹**

Please help alleviate thirst and hunger this Muharram and save lives.

¹ These are mentioned by scholars as the specialties of that day in Ghunya li-Talibi Tariq al-Haqq, Sayyidina Abdul Qadir al-Jilani. ² Excerpts taken from: Excellence of Muharram & Imam-e-Hussain (ra).



FEED & QUENCH SOMEONE'S THIRST

Muharram is the first month of the Islamic calendar and is a spiritual and active month of the year.

Highlighting many religiously historical events that took place in this month, it is a time to help one's fellow human being. Two of the best ways are to feed and quench the thirst of the poor.

Ehsaas has, with your generous support, provided clean and safe drinking water to some of the poorest families in Pakistan. This includes building an RO Water Treatment Plant and also installing over 600 water-holes and hand pumps in villages throughout Pakistan with thousands of the poorest families benefiting.

In addition, Ehsaas provides daily meals to thousands of people at their Mobile Kitchens (Dastarkhuwan) in Pakistan. Just for the month of Muharram, we are increasing our locations to feed the poor.

Make this Muharram a month of giving.

DONATE TO OUR MOBILE KITCHENS FROM £25

COST OF INSTALLING ONE HAND-PUMP IS £235



CHANGING LIVES WITH SAFE WATER

Daabri Village, Thar

Villagers had to walk many miles just to get filthy water!

This water was affecting the health of both the children and the adults with life-threatening ailments including diarrhoea and other water-borne diseases - it was in desperate need of a water pump to provide clean water. With a single generous donation of the cost of one pump, we were able to install a water pump providing clean drinking water.

A Daabri village elder describes what it means: *"After so many years of hardship, we now have our own water pump. It has changed our lives. On the day of judgement, may Allah (swt) quench the thirst of the people that gave us this."*



MOBILE KITCHENS FEEDING THE HUNGRY

Ehsaas Dastarkhuwan

Gul Bibi lives in a slum-dwelling with her three daughters and one grand-daughter. She is one of the thousands of people served at one of the Ehsaas Mobile Kitchens (Dastarkhuwan).

They work as maids and servants and their wages hardly meet their day-to-day living expenses. They all use the Dastarkhuwan twice a day to receive a nutritious meal. Before the Dastarkhuwan was started, they wouldn't eat for several days at a time.

Gul Bibi (on the right of the photo) said: *"May Allah bless the people who provide us with food. So many days we would go hungry not knowing where our next meal would come from and now this is such a blessing for me and my family. Thank you, thank you, thank you so much!"*



Find out more
www.ehsaastrust.org/life-stories

OTHER PROJECTS

EHSAAS PROVIDES THE MOST NEEDY WITH FOOD, WATER, HEALTH, EDUCATION AND EMPLOYMENT

RATION PACKS

Ehsaas helps thousands of desperate families with their basic food needs every month of the year. We have thousands of families waiting desperately. Please help provide a month's ration to a family.

ONE MONTH RATION PACK COSTS JUST £45

MEDICAL CAMPS

Ehsaas is aiming, with your help, to hold a Free Medical Camp every few months in some of the poorest areas in Sindh. To date, Ehsaas has held three free medical camps in Tharparkar - just one of many such areas in Pakistan needing urgent help.

DONATE TO OUR HEALTH PROJECTS FROM £35

LIVELIHOOD

To help empower poor jobless people with a means to earn their daily livelihoods and get themselves and their families out of poverty. Ehsaas run the Rickshaw, Motorbike and Sewing Machine Assistance livelihood projects.

COST OF ONE SEWING MACHINE IS £51

EDUCATION

Every year, over 12,000 ladies are trained in different trades which enables them to do work and earn a dignified living, taking themselves and their families out of poverty.

VOVATIONAL TRAINING FOR ONE LADY IS £200



MATRIMONIAL ASSISTANCE

Ehsaas realises the difficulty poor families are in and provides marriage funds. Please support this project to ensure that our daughters are married with dignity & pride.

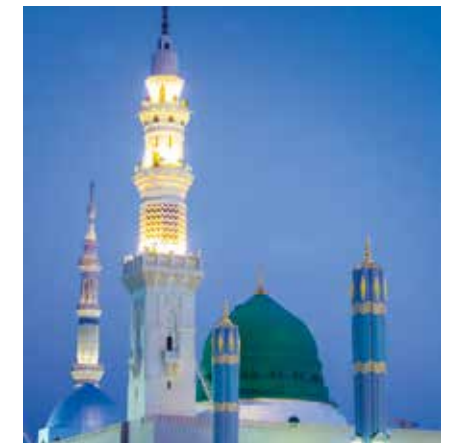
ONE MARRIAGE SPONSORSHIP £850

FATIMA BAI HOSPITAL

Providing affordable treatment for those on low incomes. The Fatima Bai 100-bed general hospital in Karachi is run on a non-profit basis. It is a modern well-equipped and well-staffed facility with experienced doctors providing affordable treatment for those on low incomes, treating on average over 4,000 patients a month.



EMERGENCY MEDICAL SUPPORT FUND £170



FAMILIES OF THE PROPHET (SAW)

Narrated Abu Huraira:

Al-Hasan bin 'Ali took a date from the dates given in charity and put it in his mouth. The Prophet (saw) said, "Expel it from your mouth. Don't you know that we do not eat a thing which is given in charity?" (BUKHARI AND MUSLIM)

There are thousands of members of the Prophet's (saw) family who are living below the poverty line but do not ask for charitable handouts.

The Prophet (saw) gave and received gifts throughout his blessed life and instructed thus:

Give gifts and you shall love one another (BUKHARI)

Show your love for the Prophet's (saw) family and give them a gift.

PLEASE GIVE A FAMILY A GIFT TODAY FROM AS LITTLE AS £75



Find out more www.ehsaastrust.org/projects

IN THE LAST FOUR YEARS WE HAVE SPENT YOUR DONATIONS ON ALL OUR PROJECTS INCLUDING:

£440,015 on Water Pumps

£454,050 on Ration Packs

£99,163 on Livelihood Projects

£111,631 on Education

£163,856 on Marriage Assistance

£1,494,382 on Qurbani

£350,447 on Ramadan Food Camps

£974,592 on Emergencies (includes Thar Badhali)

EHSAAS

Ehsaas Trust
PO Box 69000
London NW26 9GY
United Kingdom

UK +44 (0)20 3617 7786
USA +1 855 617 7786
Australia +612 8103 4117
www.ehsaastrust.org

Charity Registration No. 1144950