



EHSAAS

Ramadan 2022

A LIFE CHANGING MONTH

ehsastrust.org



Registered with
FUNDRAISING
REGULATOR

100%
Zakat
Policy



Zakat is the third of the five basic pillars of Islam, Zakat is primarily an act of worship. The Arabic word 'Zakah' literally means purification, growth, blessing and appreciation.

ZAKAT

Allah has obligated them to pay charity from their wealth (i.e. Zakat), to be taken from the rich among them and then distributed to their poor

PROPHET (SAW)

ZAKAT IS COMPULSORY

A religious duty conferred by Allah (swt) upon all adult Muslims whose wealth exceeds the prescribed limit. If a person's wealth exceeds that limit, they are required to pay the rate of 2.5% of total income or wealth annually for the upkeep of the poor and the needy.

WHY GIVE IT?

Those who are fortunate enough, are required to look after their less fortunate brothers and sisters. By paying Zakat, we acknowledge that our wealth is in fact not our own but a blessing to be shared and an important act that cleanses our hearts against selfishness and greed.

WHO BENEFITS?

At Ehsaas, your Zakat is used in many of our life-changing projects and helps: The Poor, The Needy, Those in Debt, Those in the Cause of Allah, The Wayfairer, Those in Captivity, Those Whose Hearts have to be Reconciled & the Administrators of Zakat

OUR POLICY

At Ehsaas, thousands of people trust us with their Zakat and we take that very seriously and do our best to ensure the right beneficiaries receive it. As such, we hope that you will consider us when giving your Zakat.



Khadija's Story

Khadija Sultana

Samanabad, Karachi, Pakistan

Khadija is a widow with 3 daughters and works in 5 homes as a domestic worker but still cannot afford to feed her children. Ehsaas provides families like Khadija's with monthly rations with your Zakat donations.

"I am so thankful to the people that provide my children with food, we couldn't survive without them."

Ramadan Reminders

Fidyah £150

Kaffarah £300

Zakat-ul-Fitr £5

Calculate your Zakat

[ehsastrust.org/
zakat-calculator/](https://ehsastrust.org/zakat-calculator/)



Whoever feeds a fasting person will have a reward like that of the fasting person, without any reduction in his reward

PROPHET (SAW)

**Feed 300
People a
Meal for
£150**

IFTAR

1,345,577

Meals given to-date to the needy - many of whom do not have food to break their fast

This Ramadan, many people throughout Pakistan will be fasting but will have no food to break their fast.

Ehsaas has Iftar feeding stations and teams delivering Iftar meals throughout Pakistan and, is aiming to feed as many people as possible with your help. Please donate as much as you can.



Rasool's Story

Rasool Amin

Gurumandir, Karachi, Pakistan

Rasool has 5 children and used to work in a factory as a packer but lost his job during the Covid pandemic. He was worried that he wasn't going to be able to fast because he didn't have food to break his fast. With your support, Ehsaas provides Iftar meals to thousands like Rasool during Ramadan.

"When I heard that the people that support Ehsaas provide Iftar meals everyday, I was so happy that I could keep the fasts."





RAMADAN RATION PACKS

**Ration
Pack Costs
£85**

Give a needy family a whole month's Ration Pack this Ramadan.

Ramadan is a time of giving and sharing with families, especially with those who are less fortunate. Ehsaas is aiming to provide Ramadan Ration Packs to some of the most desperately needy families in Pakistan.

11,995

**Families have been
given monthly rations
to-date helping over
72,000 people**



Each Ration Pack Includes...

- * FLOUR 20kg
- * RICE 3kg
- * SUGAR 3kg
- * COOKING OIL 3ltr
- * DAAL CHANNA 1kg
- * KABLI CHANA 1kg
- * DAAL MASOOR 1kg
- * RED CHILLI POWDER 200gm
- * CORIANDER POWDER 200gm
- * TURMERIC POWDER 100gm
- * TEA 800gm
- * SALT 800gm
- * ROSE SYRUP DRINK 800ml
- * GRAM FLOUR (Bassan) 2kg
- * VERMICELLI 1 Packet



Mrs Hussain's Story

Mrs Hussain

Orangi Town, Karachi, Pakistan

Mrs Hussain's husband Ali is paralysed and she works in a factory. Most of what she earns goes towards her husband's medicines and doctors' fees. They used to eat once a day if at all. The donations you give provide people like the Hussain's with food to survive.

"I cannot praise the donors enough for helping us with rations every month, it has taken so much worry away and especially during Ramadan as well, which means I can fast."

**100%
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*The best of you are those
who feed others*

PROPHET (SAW)

**There is an unprecedented
humanitarian emergency
in Afghanistan.**

Families are facing extreme hunger and are on the verge of a catastrophic famine with the worst drought in 27 years and now, the freezing Winter months where temperatures can drop to as low as -12°C.

Ehsaas is working on the ground right now in Afghanistan with dedicated partners delivering desperately needed monthly family Food Packs and essential items.

In Ramadan, we aim to continue delivering Food Packs to families in the following regions:

- Herat
- Kabul
- Bamyan
- Nangarhar
- Balkh

A Food Pack will contain:

- Flour 30kg
- Oil 5ltr
- Rice 5kg
- Beans 5kg
- Salt 1kg

FOOD PACKS AFGHANISTAN

**Emergency
Family Food
Pack Costs**

£150*

* for 3 families

**100%
Zakat
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Policy



Installing a
Small Hand
Pump costs
£235

6,066
Water Pumps
installed to
date

The best charity is giving
water to drink

PROPHET (SAW)

WATER FOR LIFE

Ehsaas is now providing
more comprehensive
water solutions to help
provide clean and safe
drinking water to some
of the poorest families in
Pakistan.

This Ramadan, help us provide a hand
pump to quench the thirst of hundreds
of the poorest people in your name, or
in the name of a deceased loved-one.
You can also sponsor larger pumps,
water-wells and water coolers.



Ayub's Story

Ayub Ahmed

Khanewal, Punjab, Pakistan

Ayub is a farmer and has 3 children.
They used to travel 4 miles to bring
water for their daily needs – time
that they couldn't spend growing
food. The water pumps you donate
help families like Ayub's with their
basic human needs.

*"To have a hand pump for my family
and neighbours has been such a
blessing and I send duas to the
donor everyday. Now we can spend
more time growing food as well,
which has really helped my family."*

Small Hand Pump	Depth: 90 to 120 feet Installation: 6 to 7 months** Beneficiaries: 300+	£235
Large Hand Pump	Depth: 200 to 250 feet Installation: 6 to 7 months** Beneficiaries: 400+	£550
Small Water Well	Depth: 250+ feet Installation: 6 to 7 months** Beneficiaries: 450+	£695
Large Water Well*	Depth: 250+ feet Installation: 6 to 7 months** Beneficiaries: 450+	£2135

*With submersible solar pump. **Depending on location, feasibility & surveyors assessment.



Donate to
Our Eyesight
Fund from
£45*

Donate to
Our Medical
Fund from
£35

*You will definitely see your
Lord with your own eyes*

PROPHET (SAW)

Ehsaas holds free Eye Camps in the most deprived areas of Pakistan to help avoid blindness by undertaking eye check-ups and cataract operations.

Eye Camps are held over a 2-day period where people are provided free treatment including cataract operations, spectacles and medicine. With your help, we can fight to make such preventable conditions a thing of the past for the less fortunate.

OTHER HEALTH PROJECTS

Ehsaas also provides Hospital Treatments & Medical Camps in some of the most deprived areas of Pakistan which vary from helping individuals with life-threatening illnesses, to supporting institutions that have helped over 1.4 million people so far, such as the Fatima Bai Hospital.



Anjum's Story

Anjum Ara

DG Khan, Punjab, Pakistan

Anjum is a homemaker with 2 children. She had a cataract which meant she couldn't look after her family. The money you give our Eye Fund helps people like Anjum see again.

"I couldn't believe I received free treatment and medicines which has meant I can see and look after my family – I am so thankful to the donors."

EYESIGHT

* Cost of a Cataract Operation

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Sponsor a Child's Uniform and Books from	£25
Donate to our General School Fund from	£35
Help Build our New School from	£100
Provide a Sewing Machine for	£75
Provide Training for a Lady for	£200

Acquire knowledge and impart it to the people

PROPHET (SAW)

SCHOOLS

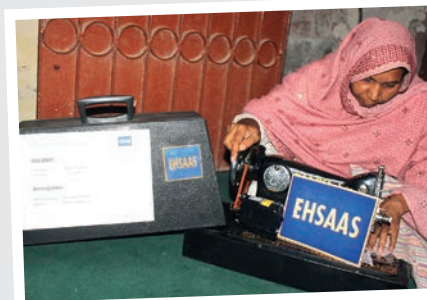
Ehsaas currently have two schools in Pir Mahal, Pakpattan, Punjab, Pakistan, that cater for over 200 children from poor backgrounds. Apart from the teaching staff, the schools also provides all that is required including uniforms, books and lunch.

VOCATIONAL TRAINING & LIVELIHOOD

In addition, after school, the premises are also used to provide ladies with Vocational Training on things like sewing and dress-making. Once qualified, they are also provided with a sewing machine. Every year, over 12,000 ladies are trained here and in Karachi, which enables them to do work and earn a dignified living, taking themselves and their families out of poverty.

HELP BUILD A NEW SCHOOL

Ehsaas has also acquired land to build a third new school and needs your generous support in completing this project.



Rukhsana's Story

Rukhsana Saleem

Buffer Zone, Karachi, Pakistan

Rukhsana was given vocational training in sewing and then was also provided with a sewing machine. Through your generous donations, people like Rukhsana are provided with the opportunity to get themselves and their families out of the vicious cycle of poverty.

"From poverty, I am now able to support my whole family by stitching clothes. It has made a huge difference to our lives."

EDUCATION

100%
Zakat
Policy



BUILD A MOSQUE

MOSQUES RECENTLY BUILT



Masjid Muhammad Jamil
Village Bharat, Bannu
Khyber Pakhtunkhwa, Pakistan



Masjid Rubina Mehtab
Village Basti Jannat, Tehsil Khan Pur
Rahim Yar Khan, Punjab, Pakistan



Masjid Noor e Islam
Village Muhammad Punhal Lohar
Shikarpur, Sindh, Pakistan



Masjid Dilawar
Village KK Khan Pathan
Jacobabad, Sindh, Pakistan

Whoever constructs a masjid for Allah, Allah will construct a house for him in Paradise

PROPHET (SAW)

What better time than Ramadan to help build a Masjid to provide a place for prayer and other community services.

It is also a hub for education and moral and spiritual development. By building a masjid you will not only earn the reward of providing a community with a house of Allah, but your Sadaqah Jariya can continue giving benefit for generations to come.

A Small Mosque Costs From £7,500



Aqeel's Story

Aqeel Younus

Jacobabad Sindh, Pakistan

Aqeel is a 'Hafiz' of the Quran and his villagers had to travel to other villages to attend the Mosque – this meant many were missing their prayers and their children were not receiving any religious education. With your valuable funds, Ehsaas helps build Mosques like Masjid Dilawar that are at the heart of local communities.

"We now have 5 times a day prayer making it easier for all the villagers to attend and the children also have daily Quran classes – the people who gave us this Mosque will certainly receive a great reward, Ameen."



The believer's shade on the Day of Resurrection will be his charity

PROPHET (SAW)

NAIKI TELETHON



The 'Naiki' Segment appears on ARY Digital SKY 758. Entitled Shan-e-Ramazan, it is a 15-minute telethon in aid of Ehsaas that only takes place during the month of Ramadan.

Highlighting the plight of families in desperate need, it raises much needed funds for their future. Hosted voluntarily by some of ARY's best-known presenters, it has helped hundreds of people through Ehsaas over the years.

Over the last 4 years, your donations during the 'Naiki' Segment have raised £367,480.

Life Stories

Kainat & Marium

Kainat (24) & Marium (4), are both sisters who have a rare and currently incurable skin disease where the sores on the skin start to bleed profusely. Their father is a construction worker and they can only afford enough medicine, just to ease the pain, for one of them. Kainat, who has completed her 'Metric', relying on prayer and patience, always lets her baby sister have the medicine. Your generous donations during the 'Naiki' Segment helped to provide them both with over 3 years supply of medicine.

Photos left to right:
Kainat, Marium and their mother



**Watch Live
this Ramadan
on SKY 758**



A Life Changing Month

Please Donate

Call 020 3617 7786

Visit ehsaastrust.org



Ehsaas Trust PO Box 69000
London NW26 9GY United Kingdom

UK +44 (0)20 3617 7786
Australia +612 8103 4117
www.ehsaastrust.org
Charity Registration No. 1144950

